



WELCOME

Welcome to the Isa Carstens® Wellness Sanctuary – an extension of our world-renowned training institute. We pride ourselves on facilitating therapy under supervision in a unique environment. All services provided by students in training may be interrupted for guidance. We hope that your experience will be truly memorable.

SALON ETIQUETTE

- Booking in advance is recommended; all treatments are subject to availability.
- Please arrive 15 minutes prior to scheduled appointment time.
- Late arrival will result in a reduction of treatment time; full fee will apply.
- Please switch off mobile phones.
- Smoking is not permitted.
- You will be required to complete a consultation form; this will enable us to provide you with the best possible service.
- Please remove contact lenses, all personal effects & jewellery prior to treatment.
- Management will not be held liable for loss of personal possessions.
- 24 hours notice is required to change or cancel any appointments.
- Prices will be reviewed annually; all current prices apply.
- Please advise us if you are pregnant, have a medical condition, or serious injury.
- Minors (16 years of age and younger) need to be accompanied by an adult for supervision.
- Please feel free to share your feedback with the Lecturer or Manager.

PRICE MENU

CONTACT INFORMATION

STELLENBOSCH

Physical address

Aan de Gragt Building, Ground Floor,
5 Plein Street, Stellenbosch, 7600

t: +27 (0)21 887 7876

e: wellness@isacarstens.co.za

Opening Hours: Weekdays 08:00-17:00
Saturdays 08:00-13:00

PRETORIA

Physical address

408 Lynnwood Road, Lynnwood,
Pretoria, 0081

t: +27 (0)12 940 4994

e: wellnesspta@isacarstens.co.za

Opening Hours: Weekdays 08:00-17:00
Saturdays 08:00-13:00

isacarstens.co.za



PRICE MENU

FACIALS

PRICE

SKIN ANALYSIS: VISIA (Complimentary with facial) _ R 150

BASIC FACIALS (60 min)

- **TheraVine**
 - Balancing Facial _____ R 300
 - Hydrating Facial _____ R 300
 - Mature Facial _____ R 300
- **Nimue**
 - Deep Cleanse Treatment _____ R 400
 - Therapeutic Treatment _____ R 400
 - Active Rejuvenation Treatment _____ R 600
- **Lamelle**
 - Hydration & Calming Treatment _____ R 400
 - Age Prevention Treatment _____ R 400
 - Deep Cleanse Purifying Treatment _____ R 400

ADVANCED FACIALS (70 to 90 min)

- **TheraVine**
 - HydraVine Facial _____ R 500
 - NutriVine Therapack Facial _____ R 500
 - Deluxe Anti-ageing Facial _____ R 500

MICRODERMABRASION (30 to 45 min) _____ R 400

CHEMICAL PEELS (45 to 60 min)

- **Nimue**
 - 35% Glycolic Treatment _____ R 600
 - 7.5% TCA Treatment _____ R 600
- **Lamelle**
 - Lactifirm Peel _____ R 400
 - Alpha Peel _____ R 400
 - Beta Peel _____ R 450

SPECIALISED AESTHETIC TREATMENTS

(Qualified Therapists Only)

- **TheraVine**
 - Intensive Exfoliating Facial (60 min) _____ R 450
 - MelanoVine Pro-Brilliance Facial (60 min) _____ R 580
 - UltraVine Advance Cellular Gold Facial (90 min) _____ R 590
- **Nimue**
 - Smart Resurfacer Treatment (45 to 60 min) _____ R 800
 - Thermal Detox Treatment (30 to 45 min) _____ R 500
- **Lamelle**
 - Retistore Chemical Peel (45 to 60 min) _____ R 800
 - Retistore Plus Chemical Peel (45 to 60 min) _____ R 900

MICRONEEDLING

Face (80 min) _____ R 900
Face & Neck (80 min) _____ R 950
Face, Neck & Decollete (80 min) _____ R 1100

DERMAPLANING _____ R 400

SILKPEEL® _____ R 650

RADIO FREQUENCY

Face _____ R 450
Face & Neck _____ R 500
Body (per area) _____ R 400

"After thorough consultation by the skin therapist, the optimal skin treatment will be advised for each individual client. Prices and add-ons may differ, depending on the analysis."

NAILS

Express Mani - File, cuticles & paint _____ R 115
Express Pedi - File, cuticles & paint _____ R 135
Classic Mani - File, exfoliation, cuticles, massage, paint _____ R 165
Classic Pedi - File, exfoliation, cuticles, massage, paint _____ R 200
Spa Mani - File, exfoliation, cuticles, massage, paraffin wax, paint _____ R 190
Spa Pedi - File, exfoliation, cuticles, massage, paraffin wax, paint _____ R 230
Medi Heel Treatment (add-on) _____ R 100

ACRYLIC & GEL (Nail Technicians Only)

Sculpture - Acrylic _____ R 400
Sculpture - Gel _____ R 370
Overlay - Acrylic _____ R 350
Overlay - Gel _____ R 280
Fill - Acrylic _____ R 260
Fill - Gel _____ R 240
Evo Overlay - Gel _____ R 250
Classic Manicure - Gel _____ R 300
Classic Pedicure - Gel _____ R 320
Soak off only (incl express manicure) _____ R 160
Soak off (with New Set) _____ R 60
Nail repair _____ R 40

EYES

TINTING

Brows _____ R 60
Lashes _____ R 80
Lashes & Brows _____ R 120

LASH LIFT

Lash Lift _____ R 360
Lash Lift & Tint _____ R 420
Lash Lift with Lash & Brow Tint _____ R 470

WAXING

BODY

1/2 Leg _____ R 130
3/4 Leg _____ R 140
Full Leg _____ R 180
Bikini _____ R 100
Brazilian/Hollywood _____ R 200
Stomach/Chest _____ R 120
Back _____ R 200

ARMS

Underarms _____ R 80
1/2 Arms _____ R 90
Full Arms (incl underarms) _____ R 130

FACE

Brows _____ R 60
Lip _____ R 60
Brow & Lip _____ R 110
Chin _____ R 60
Full Face _____ R 150

MAKE-UP

Day _____ R 150
Special Occasion _____ R 300
Bridal (incl trial) - when done at salon, excl travel _____ R 800

BODY

MASSAGES

Swedish Full Body Massage (60 min) _____ R 315
Swedish Back & Neck Massage (30 min) _____ R 210
Hot Stone Full Body Massage (60 min) _____ R 340
Hot Stone Back & Neck Massage (30 min) _____ R 220
Foot & Lower Leg Massage _____ R 175
Scalp Massage _____ R 165
Aromatherapy _____ R 335
Reflexology _____ R 195
Manual Lymphatic Drainage _____ R 335
Lomi Lomi Massage _____ R 335

ISA TEENS - up to 18 years old

Teen Facial (45 min) _____ R 150
Teen Mani - File, massage, paint _____ R 125
Teen Pedi - File, massage, paint _____ R 150
Teen Day Make-up _____ R 100
Teen Stress Relief: Back, Neck & Scalp Massage _____ R 180

WELLNESS PACKAGES

Wellness Indulgence (Mani, pedi, full body massage, facial) (240 min) _____ R 700
Wellness Escape (Hot stone full body massage, pedi, facial) (180 min) _____ R 650
Stress Break (Scalp massage, body exfoliation, full body massage, pedi) (180 min) _____ R 600

SPA TREATMENTS

Theranaka - Full Body Exfoliation, Massage, Wrap (90 to 120 min)

Relaxing/Uplifting/Detoxifying/
Vigour (muscle tension) _____ R 600-800
Full Body Wrap (incl exfoliation, no massage) (60 min) _____ R 450
Spa Jet Therapy (excl exfoliation & wrap) _____ R 350
Vichy Shower Therapy _____ R 350

TREATMENT COURSES

Course of 5 (Receive 20% discount)
Course of 10 (Receive 25% discount)